

2017 Summer Program Guide



Contact Us

If you have any questions about programs, services or facilities, please contact us.

Nevada City Pool 423 Nimrod St. Nevada City, CA 95959 530-265-8223 (May to mid-August) Nevada City Parks & Recreation (City Hall) 317 Broad St. Nevada City, CA 95959 530-265-2496 x129 www.nevadacityca.gov



Summer Program Registration Information

The information below is everything you need to know about registering for summer programs with Nevada City Parks & Recreation. Please read carefully and call us with any questions.

Registration Policy

- Registration for all programs is taken on a first come, first served basis.
- Participants may choose to be put on a wait list if a program or lesson is full.
- Any programs and lessons that do not meet minimum enrollment will be cancelled. If a program or lesson is cancelled by City staff, participants may transfer to another program, receive a credit toward a different Nevada City Parks & Recreation program or receive a full refund.
- All registrations require payment. No spaces will be held without payment.
- Online registration will close one week prior to the start of any program. If you wish to register for a
 program after the online registration has closed, you will need to come to the swimming pool during
 business hours to get registered.
- No registrations will be taken for swim lessons once that session has started.

Refund Policy

There are **no refunds** on program, lesson, party or rental fees unless a program or lesson is cancelled by City staff. Participants who miss program or lesson days will not be offered make-up dates.

How to Register for Programs - Registration begins May 1st

You have 4 options for registering. Please read this information carefully!

- 1. **Register online** at http://nevadacityca.gov/pview.aspx?id=20770&catid=564 beginning May 1st. This will require a credit or debit card and internet access. Online registration is for swim lessons, Junior Lifeguard and Summer Camps only.
- 2. **Come to one of the registration nights.** If you have questions or do not have internet access, this is a great option for you. Registration nights will be: May 8, 15 & 22 from 6-8pm at the Nevada City Swimming Pool. If you are interested in a Private Rental or Birthday Party, this is the time to reserve your date.
- 3. Register at the swimming pool during hours that we are open to the public. Opening day is June 3, 2017.
- 4. **Mail your registration form to City Hall (not recommended).** Any registrations received at City Hall will be processed as staff receive them and are available to do so. Swimming pool staff do not work at City Hall, so mail-in registration could be delayed due to this. There are no recreation staff available at City Hall to answer questions if you come in to drop off your registration.

Swimming Pool



Public Swim

The Nevada City Pool is a great place to cool off during the summer. Anyone entering the facility must pay the admission fee. Rules are posted at the pool and available on the City's website. June 3rd is opening day!

Dates:	Days:	Time:
June 3-4	Sat & Sun only	12:00-4:00p
June 10-Aug 15	Everyday*	12:00-4:00p

Fees:

Under 18 \$2.75 18 - 64 \$3.75 65 & over \$2.00 *Closed 4th of July

Please Note: The swimming pool will be closing early this year. We will close when local schools are back in session.



Season Passes

The Season Pass is our best pool bargain! Purchase the Family Season Pass and your family has access to Public Swim for all family members and Lap Swim & Water Exercise times for the adults. The Family Pass is valid for one family; all family members (up to 8) listed on the pass must live in the same home. The Adult Season Pass is valid for one adult and they will have access to Public Swim, Water Exercise and Lap Swim times. The Child Season Pass is valid for one child to attend Public Swim. Children under the age of 12 cannot attend adult swim times. Passes are valid June 3 - August 15, 2017. (Please note that the pool will be closing earlier than past years.) Passes can only be purchased at the swimming pool.

Family Pass	\$225
Individual Adult Pass	\$115
Individual Child Pass	\$77



Water Exercise

Our water exercise class offers a variety of exercises to meet many workout goals. The class aims to promote muscle toning, cardio and flexibility. It is intended for all skill levels and includes both low and high impact moves. Instructors are not certified trainers.

Dates: Days: Times:

June 12-Aug 15 Mon-Thurs 10:30-11:30a Lap Swimming will take place at the same time.

June 12-Aug 15 Mon-Thurs 6:00-7:00p Water Exercise only

Fees: \$4.75 drop in OR \$45 - 11 pass punch card



Lap Swim

During times that are only for Lap Swimmers, the swimming pool will be open to swim the length of the pool - from the deep end to the shallow end. During times when Lap Swimmers are sharing with Water Exercisers, swimmers can swim the width of the pool in the 2 lanes provided or in areas where the exercise class is not taking place.

Dates: Days: Times:

June 12-Aug 15 Mon-Thurs 10:30-11:30a Water Exercise will take place at the same time.

June 12-Aug 15 Mon-Thurs 7:00-8:00p Lap Swim only

Fees: \$4.75 drop in OR \$45 - 11 pass punch card



Junior Lifeguard Camp

This 3 week program will focus on skills needed to be a lifeguard; communication & decision making, basic responsibilities of a lifeguard, basic knowledge & skills required of lifeguards, and how to be a swim instructor. Our staff will keep program time dynamic and fast paced. There will also be free time for participants to swim. Participants must be 11-14 years old & should be able to swim 30 yards, tread water for 1 minute and swim underwater for 10 feet.

Days: Mon - Thurs **Time:** 11:00a-3:00p

Fee: \$175 + 5.95% registration fee = \$185.41

Session 1: June 19-July 7* Code: JLG117 *No camp on July 4th, the camp will meet on Friday, July 7th

Session 2: July 10-27 Code: JLG217

Parties



Splash Bash



Parents don't stress about your child's birthday party! We will decorate, entertain and clean up the mess. Two picnic tables are reserved for the birthday party, with a special throne for the birthday child. A staff member will be available from 2-2:30p to

play games, help serve cake or record gifts.

Days & Times:

Any day during Public Swim

Fees:

\$80 for up to 20 people (Any additional guests will be charged a \$2.75 admission fee.)

Private Pool Rentals

Rent the Nevada City Pool for a private party. The pool will be reserved for you and your guests. Lifeguards are on duty. Book your party early; dates fill up quickly!

Dates:	Days:	Time:
Jun 16-Aug 13	Fri, Sat & Sun	5:30-7:30pm

Fees:

Less than 50 people	\$150
51—100 people	\$195
101-150 people	\$245

Parties with more than 150 people will be charged \$245, plus \$2.75 for each additional person.

Swim Lesson Information

Swim Lesson Sessions 1 - 4 take place Monday-Thursday* for 2 weeks and each lesson is 1/2 hour. Dates and times are included in the chart on page 4.

*Due to the 4th of July, Session 2 will run Mon, Wed-Fri the first week and Mon-Thurs the second week.

Mini Session

The mini session is a training session for our new employees. This session will only run for one (1) week, Monday - Thursday and lessons will be 1/2 hour.

Fee: \$23 + 5.95% registration fee = \$24.37

Level A - Parent/Toddler (1-2 yrs)

Level A introduces basic skills that lay a foundation to help toddlers learn to swim. The focus is on helping the child feel comfortable in the water, explore submerging & buoyancy. **Please note:** Swim diapers are required for all children who are not potty trained. **Fee:** \$62 + 5.95% registration fee = \$65.69

Level B - Parent/Toddler (3-4 yrs)

Level B builds on the skills from Level A. Participants improve on these skills and learn to be more independent in the water. Please note: Swim diapers are required for all children who are not potty trained. Fee: \$62 + 5.95% registration fee = \$65.69

Guppy's & Otters (4-9 yrs)

The children registered for these classes will be assessed on the first day of lessons and placed into a class of other children who swim similar to them. The children registered for these classes will range from those who are not putting their head under the water yet (Guppy's) to those who can swim across the pool one time (Otters). Fee: \$62 + 5.95% registration fee = \$65.69

Dolphins (9+ yrs)

Swimmers in the Dolphin classes should be able to swim across the pool and return. They are able to swim well and pass our swim test to go in the deep end, but need stroke refinement or are working on endurance. Fee: 62 + 5.95% registration fee = 65.69

Private Lessons

Private lessons are for adults & children. The instructor will teach according to the level of the swimmer. Up to 3 people may be in one lesson time slot, as long as they are **all at the same swim level**. Private lessons are **not** appropriate for Levels A & B.

Fees: 1 person \$128 (\$135.62) 2 people \$157 (\$166.34) (price with 5.95% registration fee applied)

3 people \$186 (\$197.07)

Pg.3

Goal of Nevada City Swim Lessons

The goal of our swim lessons is to teach children how to be safe in and around water, therefore safety lessons are taught each day along with swimming skills. Children who know how to swim & understand the dangers of water are less likely to become a drowning victim. Instructors strive to build on skills each day to improve the swimmers movement, breathing and strength. As students increase skills, they will be taught competition strokes and turns.



Swim Lesson Schedule

			1		I		I		1	
	Mini Session		Sessi		Session 2		Session 3		Session 4	
	June :		June 1		July 3-13*		July 17-27		July 31 - Aug 10	
Toddler A	4:30p	AM1	4:30p	A11	5:00p	A22	5:00p	A32	4:30p	A41
Ages 1-2	5:30p	AM3			5:30p	A23				
Toddler B	5:00p	BM2	5:00p	B12	4:30p	B21	4:30p	B31	5:00p	B42
Ages 3-4			5:30p	B13			5:30p	B33	5:30p	B43
Guppy's &	4:30p	GM1	4:30p	G11	4:30p	G21	4:30p	G31	4:30p	G41
Otters	5:00p	GM2	5:00p	G12	5:00p	G22	5:00p	G32	5:00p	G42
Ages 4-9	5:30p	GM3	5:30p	G13	5:30p	G23	5:30p	G33	5:30p	G43
Dolphins	4:30p	DM1	5:30p	D13	4:30p	D21	5:00p	D32	5:00p	D42
Ages 9+	5:00p	DM2							5:30p	D43
	5:30p	DM3								
Private			10:30a	P11A	10:30a	P21A	10:30a	P31A	10:30a	P41A
Lessons				P11B		P21B		P31B		P41B
			11:00a	P12A	11:00a	P22A	11:00a	P32A	11:00a	P42A
				P12B		P22B		P32B		P42B
			2:00p	P13A	2:00p	P23A	2:00p	P33A	2:00p	P43A
			2:30p	P13B	2:30p	P23B	2:30p	P33B	2:30p	P43B
			3:00p	P13C	3:00p	P23C	3:00p	P33C	3:00p	P43C
			3:30p	P13D	3:30p	P23D	3:30p	P33D	3:30p	P43D
			4:30p	P14A	4:30p	P24A	4:30p	P34A	4:30p	P44A
			5:00p	P14B	5:00p	P24B	5:00p	P34B	5:00p	P44B
			5:30p	P14C	5:30p	P24C	5:30p	P34C	5:30p	P44C
			6:00p	P15A	6:00p	P25A	6:00p	P35A	6:00p	P45A
				P15B		P25B		P35B		P45B
			6:30p	P16A	6:30p	P26A	6:30p	P36A	6:30p	P46A
				P16B		P26B		P36B		P46B



Additional Swim Lesson Information

*Session 2

Due to the 4th of July holiday, Session 2 swim lessons will run Mon, Wed-Fri week one and Mon-Thurs week two.

How do I know if my child can pass the swim test, so that they can participate in an Dolphin class?

Our criteria for passing the swim test is that a child can swim from one side of the pool, to the other without stopping and without touching the bottom (they are allowed to quickly stand when they reach the wall as they are turning around). Their arms must come up out of the water and they must show some kind of breathing technique while swimming.

How do I know if my 9 year old is ready to progress to the Dolphin class?

The Dolphin classes will take place in the pool at the depth of 4-5 feet. One way to be sure your child is ready is to see if they can stand in this area. A child who is not strong enough to swim across the pool at least 2 times, can struggle because they cannot stop and stand up to take a rest. One of the things that instructors will work on at this level is endurance.

How do staff ensure that my child, in a Guppy/Otter class, will be placed with other children who are at the same swim level?

These children will be assessed and placed into groups on the first day of class. There will be enough instructors available to arrange children into a group that is appropriate for them. On occasion there is a child who is not at the same swim level as the other children registered. In this case, we will do our best to put them into a class that will work for them or work with the parents to find another time or session that will work for you.

What else is happening at the pool during my child's swim lessons?

2-4p: Private lessons during this time will be taking place during Public Swim times.

4:30-6p: There are only group and private swim lessons during this time.

10:30-11:30a & 6-6:30p: Private lessons during this time will share the pool with adult swim programs.

Summer Camps



Kidscience



There will only be one week of Kidscience this summer. Don't miss your chance to experience a fun camp with a great instructor. Mark Bradski, Camp Director, has amazing energy and exciting teaching methods. Participants will construct experiments and sensational projects to take home and enjoy.

Location: Seaman's Lodge **

Dates: July 24 - 28

Time: 9:30a - 1:00p each day **Ages:** Grades 1-7 (fall grade level)

Fee: \$165 + 5.95% registration fee = \$174.82

Registration fee includes safety goggles.

Code: KS117

Stretchy Science

We will explore the science of energy with all things that stretch. Participants will:

- Use metal springs to make devices that launch, make a mini spring rocket, marble cannon, and catapult.
- Construct energy storage machines, one with different gauge rubber bands and one that launches a skydiver that you design.
- Learn about and create more things that harness the power of stretchy energy.

For more information about Kidscience Camps visit www.kidscienceadventures.com



Play-Well TEKnologies (Lego Camp)



Play-Well TEKnologies provides programs designed to introduce principles and methods of engineering, architecture, and science to kids ages 5 & up utilizing kits containing tens of thousands of LEGO®.

Session 1: Intro to STEM with LEGO (ages 5-7)

Ratchet up your imagination with tens of thousands of LEGO®! Build engineer-designed projects such as Motorcycles, Castles, Airplanes, and Monorails. Then use special pieces to create your own unique design! New and returning students can explore the endless creative possibilities of the LEGO® building system with the guidance of a Play-Well instructor.

Location: Seaman's Lodge ** **Dates:** June 26 - 30

Fee: \$145 + 5.95% registration fee = \$153.63

Time: Ages: Code: 9:00a-12:00p 5-7 yr olds PWT117

Session 1: Robotics using LEGO EV3 (ages 8-12)

Build and program robots using the LEGO® Mindstorms EV3 or NXT system! Learn about mechanical and software design, loops, conditional statements, problem solving, and teamwork skills. Work in small groups, program and build your robot, and rise to the challenge. Control the robot to avoid obstacles, pick up and carry objects, and play sounds. Projects are structured so that students work in an openended, investigative environment while having fun.

Location: Seaman's Lodge ** **Dates:** June 26 - 30

Fee: \$156 + 5.95% registration fee = \$165.28

Time: Ages: Code: 1:00-4:00p 8-12 yr olds PWT217

Session 2: Jedi Engineering with LEGO (ages 5-7)

The Force Awakens in this introductory engineering course for young Jedi! Explore engineering principles by designing and building projects such as LEGO® X-Wings, R2 Units, Energy Catapults, Defense Turrets, and Settlements from a galaxy far, far away. Create motorized and architectural projects with imagination and engineering to defeat the Empire!

Location: Seaman's Lodge ** **Dates:** July 17 - 21

Fee: \$145 + 5.95% registration fee = \$153.63

Time: Ages: Code: 9:00a-12:00p 5-7 yr olds PWT317

Session 2: Minecraft Master Engineering (ages 7-12)

Bring Minecraft to life using LEGO! Build a motorized walking Creeper, a terrifying Ghast, and a motorized Minecart! This project-based camp, combines the basic format of our core engineering-themed programs with projects based on the world of Minecraft. Students will explore real-world concepts in physics, engineering, and architecture while building their favorite Minecraft objects. Students will have a blast, even without any prior experience with Minecraft or LEGO.

Location: Seaman's Lodge ** **Dates:** July 17 - 21

Fee: \$145 + 5.95% registration fee = \$153.63

Time: Ages: Code: 1:00 - 4:00p 7-12 yr olds PWT417

For more visit Play-Well's website: www.play-well.org



British Multi-Sports Camp



Motivate, Activate and Energize your child with Challenger Sports' Multi Sports Program. Challenger's team of International Staff will provide your child, with a memorable week of nonstop action, fun and competition - All with a British Twist! Children will learn new British sports and develop new skills with team-building activities that include more than just running, jumping, catching, kicking and throwing! The camp also emphasizes Respect, Responsibility, Integrity, Sportsmanship and Leadership, while playing hard, having fun and making new friends.

Location: Pioneer Park - Bandshell

Dates: June 26-30

Fee: \$139 + 5.59% registration fee = \$147.27

 Time:
 Ages:
 Code:

 9a-12p
 5-9 yr olds
 BMS117

 1-4p
 10-13 yr olds
 BMS217

COACHES: Coaches for this camp are British, therefore they do not live locally. If you host one of our coaches you will receive an \$80 rebate on your camp fee.

Contact Dannie for more information:

916-277-8440 or dwhite@challengersports.com

CHALLENGER WEBSITE:

For more information about this camp visit the Challenger website below. You can register for this camp through their website or ours. https://challenger.configio.com/ShoppingCart.aspx?com=detailview&iid=127019



Chess Wizards



Location: Seaman's Lodge **

Dates: July 10 - 14 **Time:** 9:00a - 3:00p

Grades: K-8

Fee: \$320 + 5.95% registration fee = \$339.04

Code: CW117

To learn more about Chess Wizards check out their website: http://chesswizards.com/

Join us this summer for tons of challenging chess lessons, exciting games, and cool prizes. You'll improve your chess skills, meet new friends, and work out your most powerful muscle - your brain! Our camps include fun team chess games (like bughouse), recess time (of course), snacks, tournaments, and puzzles. Each camper receives a T-shirt, trophy, and puzzle folder. Unleash your brain power and spend part of your vacation with Chess Wizards! Chess Wizards has been teaching the game of chess since 2002. Our interactive curriculum makes learning fun for new and seasoned players alike. Our K-8 day camps are led by our most experienced instructors, and provides our students with a memorable camp experience while challenging their mind.

**Camp Locations

The camps that are scheduled to take place at Seaman's Lodge could potentially be moved to the Nevada City Veteran's Building. Seaman's Lodge will be getting a new roof this year and the project should be completed prior to any camps taking place, however there is a possibility of delays due to weather or other unknown factors. Changes will be communicated to all participants.



Presented by:

Nevada City Parks & Recreation and Parents' Resource Guide May 6, 2017 10a - 2p Nevada City Veteran's Building

Sponsored by: Gold Country Kuk Sool Won

For details visit the City's website: http://www.nevadacityca.gov/pview.aspx?id=20733&catid=564